

# KEY INFORMATION FOR SPORTS DAY!



## ARE YOU READY?

By failing to  
prepare, you are  
preparing to  
fail.

- Benjamin Franklin

Friday 27<sup>th</sup> May 2016



# On The Day – What you need

- Come prepared for the weather – Sun hat, Sun cream, Water, Raincoat and warm layers.
- Make sure you have a packed lunch and snacks (you are there all day!) Lunch will be provided for FSM Students.
- All students must wear their full PE kit and are permitted to wear one item of clothing/accessory in their house colours. (Strictly NO hoodies or denim)

- Hawking
- Noether
- Euler
- Berners-Lee
- Curie
- Crick



# On Arrival



- Make sure you know how you are getting to the stadium! Do not come to school first.
- You **NEED** to arrive on time. **8.30am**. Pupils arriving after 8.40am will be marked as late.
- Sports Day is not optional, all students are expected to attend.
- Sports leaders arrive at 8.20am to be assigned jobs
- When you arrive you need to register with your house desk and then go to the first event (listed below) or to your house area (Clearly marked with your house name and colour).
- Year 7 Boys & 7/8 Girls Throwing -Javelin/Shot/Discus/Ball Throw/Tyre Lift
- Year 7/8 Girls– Hurdles
- Year 9 Boys & 9/10 Girls – Jumps– Speed Bounce / Long Jump / Triple Jump / High Jump

# Personal Items and Valuables

- What you bring with you is YOUR responsibility.
- We advise that you leave any expensive items at home e.g. phones, music players, money etc.
- If you do need to bring a phone with you make sure it is in a safe place and with you at all times.
- Do not leave your belongings unattended.



# End Of The Day



- The day should be finished at around 3pm but may run over depending on how long each event takes.
- You will be dismissed from the sports centre and can go straight home.
- Your house is responsible for your house area, it needs to be left litter free before you leave.
- Make sure you have everything you brought with you before you leave.